

Questions & Answers

Who is CAREpath?

CAREpath is a Canadian-owned and operated health care company that specializes in cancer-related service programs for Canadians and their families. CAREpath is now a valuable part of your OTIP Group Benefits Coverage and available to you, your spouse and dependant children at no cost to you.

What CAREpath services can I access as part of my OTIP Group Benefits Coverage?

Your OTIP Group Benefits Coverage includes the CAREpath Navigation System, the CAREpath Survivor Support Program and the CAREpath Cancer Information Line as outlined in this brochure.

I already have a good doctor. How does CAREpath fit in?

CAREpath's goal is to enhance the care you are currently getting, not challenge it. We do not replace the doctor/patient relationship you have with your family doctor or treating oncologists. We help prepare you for your oncology visits which ensures you fully understand the purpose of your appointments, making it easier to discuss treatment issues and communicate with your specialists. We provide expert oncology information to your family doctor that will help integrate them in your cancer investigation, treatment, follow-up and rehabilitation. We're here to help your doctors help you.

Is the CAREpath Navigation System "two-tier" medicine?

No. CAREpath services are offered to you as part of your OTIP Group Benefits Coverage. Your Benefit Plans may have provisions for you to seek care from health care providers outside the provincial systems, such as a psychologist, or a physiotherapist. Similarly, your OTIP Group Benefits Coverage provides CAREpath services, which offer access to a personal Oncology Nurse, backed by oncologists, to help support you through your cancer journey.

What about confidentiality? I do not want my insurance company or workplace to know about my health.

CAREpath services are completely confidential. No personal information is shared with OTIP, your employer, co-workers or union.

How do I find out more?

You can find out more online by visiting www.otip.com and clicking on the CAREpath link. Or, simply call the CAREpath Benefit Line for OTIP members at 1-800-290-5106. They will take your pertinent information and arrange for a call-back from your personal CAREpath Oncology Nurse. Your Nurse will be able to answer all of your questions and tell you how CAREpath can help you.



OTIP RAEQ.



the cancer assistance program

CAREpath Inc. EVERY STEP OF THE WAY

CAREpath Benefit Line
for OTIP Members:

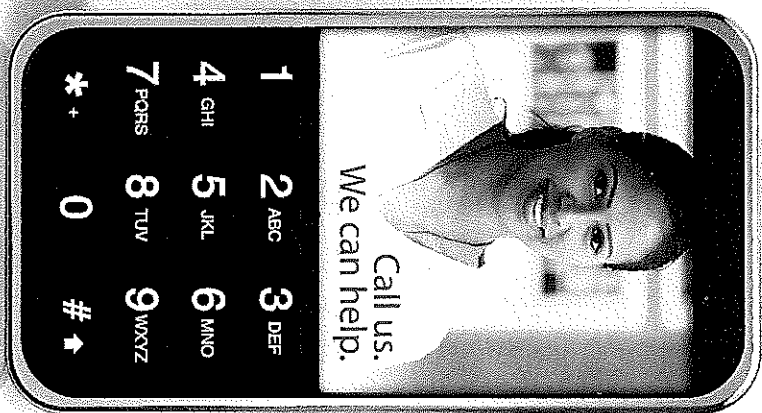
1-800-290-5106

info@carepath.ca
www.otip.com



CFCB OTIP09/10

Do you know someone with cancer?



1-800-290-5106
We'll be there.

Answers. Guidance. Support.



CAREpath

EVERY STEP OF THE WAY



OTIP RAEQ

www.otip.com

Welcome to CAREpath



We understand that a cancer diagnosis means uncertainty, questions, anxiety and fear. At CAREpath, if you or a member of your family is diagnosed with cancer, your personal Oncology Nurse Case Manager is there to guide you through every step of your cancer experience, from diagnosis through treatment and into survivorship.

Answers. Guidance. Support.

The CAREpath Navigation System, Survivor Support Program and Cancer Information Line are all part of your OTIP Group Benefits Coverage. This benefit comes at no additional cost to you. If you, your spouse or dependant children suspect having cancer, are living with cancer, or had cancer in the past, CAREpath can help. You also have access to cancer-related information for an extended family member or friend through the CAREpath Cancer Information Line.

CAREpath's Benefit Line for OTIP Members:

1-800-290-5106

CAREpath's goal is to support - not replace - health services provided by your doctors. You do not need to claim long term disability benefits to use CAREpath services. Simply call the number above for information on this enhancement to your OTIP Group Benefits Coverage or visit www.otip.com and click on the CAREpath link.



A valuable part of your
OTIP RAEO. OTIP group benefits coverage



CAREpath Navigation System™

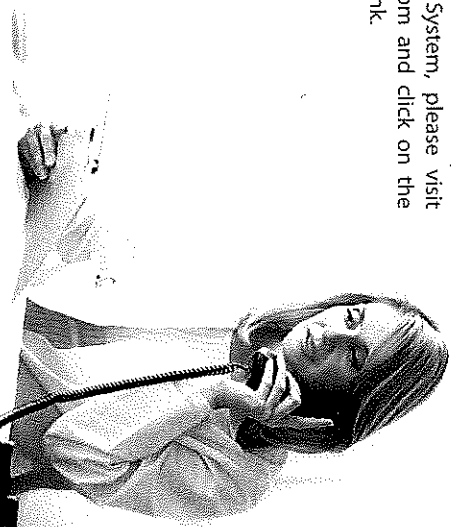
Have you, your spouse or dependant child recently been diagnosed with cancer? Does your doctor suspect you may have cancer?



The CAREpath Navigation System™ provides your own personal CAREpath Oncology Nurse who is there to provide telephone support to you and your immediate family members through every step of your cancer journey. Your CAREpath team follows the most up-to-date guidelines for cancer treatment and care to ensure that you receive the very best treatment. CAREpath and your personal CAREpath Oncology Nurse will provide:

- Emotional support for the cancer patient and their immediate family (OTIP member, spouse and dependant children)
- Assessment of cancer treatment plan and options
- Explanation of tests and treatments
- Questions to ask on first and subsequent visits to all medical appointments
- Guidance to alternate treatment locations, if required or requested

For more details on the CAREpath Navigation System, please visit www.otip.com and click on the CAREpath link.



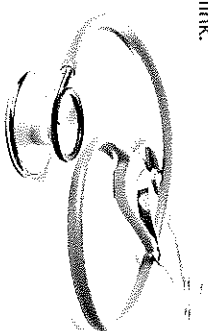
CAREpath Survivor Support Program

Have you completed your cancer treatment plan? Would you like information and guidance for healthy survivorship?

Surviving cancer is the first step. Thriving afterwards is the rest of the journey and the focus of CAREpath's Survivor Support Program. Survivors face many challenges. In addition to coping with new physical and emotional changes, cancer survivors are at an elevated risk of developing a recurrence or new cancer. Survivors may experience late complications from cancer treatment and are prone to other chronic conditions as well. To carry on a healthy life after surviving cancer, you need to understand and know how to reduce the factors that might contribute to a recurrence. CAREpath advice is based on the most up-to-date research and the unique needs of each survivor. The CAREpath Survivor Support Program will provide:

- Guidance on cancer recurrence prevention
- Information on possible delayed effects of cancer treatment
- Support for survivors to help themselves
- Advice on other conditions that cancer survivors are prone to develop

For more details on the CAREpath Survivor Support Program, please visit www.otip.com and click on the CAREpath link.



The CAREpath Cancer Information Line

Would you like to access cancer-related information to help your extended family members and friends who have been diagnosed with cancer? Call the CAREpath Cancer Information Line. It provides:

- Basic information on a variety of cancer-related topics
- Detailed information related to specific cancers
- Suggested website links for general information

For more details on the CAREpath Cancer Information Line, please visit www.otip.com and click on the CAREpath link.

